

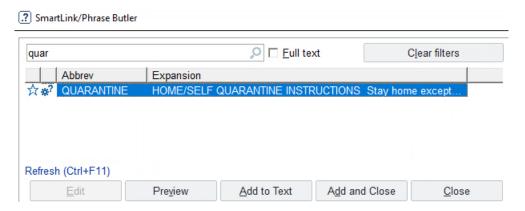


# Using Quarantine Smartphrase

# Use "Quarantine SmartPhrase"

SmartPhrases can be used as shortcuts to add text to your notes. This tipsheet will show you to use the Quarantine smartphrase while working with your notes. Smartphrase allow you to type a few characters that automatically expand to a longer phrase or paragraph. For example, typing ".quar" expands to "Quarantine"

1. In a SmartTool-enabled field, enter a period (.) followed by the SmartPhrase's name (".quarantine"). As you type, a list of matching SmartPhrases and SmartLinks appears.



- 2. Use the arrow keys to select the SmartPhrase you want to use in your note and press **Spacebar** to insert it.
- 3. 3. Complete any SmartLists and wildcards (\*\*\*) in the SmartPhrase.
- 4. A wildcard (\*\*\*) is a placeholder. Press F2 to jump to a wildcard and type over it with the text you want to add, or delete it.
- 5. Click on the star beside your"quarantine" smartlink to save as your favorites this will add it to the beginning of your phrases.





6. Click Add to Text and your note will populate with your "Quarantine Phrase" which you can make edits if needed.

My Note





# HOME/SELF QUARANTINE INSTRUCTIONS

#### Stay home except to get medical care

People who are mildly ill with COVID-19 are able to isolate at home during their illness. You should restrict activities outside your hor getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

## Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a : if available.

Animals: You should restrict contact with pets and other animals while you are sick with COVID-19, just like you would around other there have not been reports of pets or other animals becoming sick with COVID-19, it is still recommended that people sick with CO with animals until more information is known about the virus. When possible, have another member of your household care for your are sick. If you are sick with COVID-19, avoid contact with your pet, including petting, snuggling, being kissed or licked, and sharing f care for your pet or be around animals while you are sick, wash your hands before and after you interact with pets and wear a facer COVID-19 and Animals for more information.

### Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask