

**SEQUENCE FOR PUTTING ON (DONNING) PERSONAL PROTECTIVE EQUIPMENT (PPE)**

**1. Gather & visually inspect PPE:**

- 1 Isolation gown
- 1 Pair gloves
- CAPR helmet
- CAPR disposable lens cuff (DLC)
- CAPR comfort strips
- CAPR belt & battery

**2. Secure belt and battery:**

- Buckle in front – side clip facing upwards.



**3. Check CAPR air flow:**

- Plug helmet into battery pack.
- Verify at least 2 green lights remain lit.

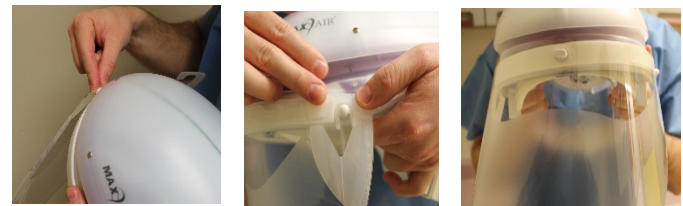
**4. Prepare and adjust helmet:**

- Attach comfort strips to Velcro located on the inside front and rear headbands.
- Use knob in back of helmet to tighten. Ensure:
  - CAPR helmet front head band rests ½ inch above eyebrows & rear headband is below occipital bone.
  - Helmet is comfortably snug but not too tight.
  - Once properly fitted, loosen the helmet & remove.



**5. Attach lens – with the DLC Cuff facing the inside of the helmet:**

- Peel off and discard the DLC protective film.
- Attach center of DLC to center helmet post.
- Align and snap DLC side holes to side posts.



**6. Don Helmet:**

- Hold CAPR helmet by rear headband while pulling the front top edge of the DLC cuff under chin.
- Place helmet on head; tighten with knob at rear.
- Plug the helmet into the battery to initiate air-flow.



**7. Adjust lens and cuff:**

- Position DLC sides perpendicular to temples and within ¼ inch of temples on each side of the head. Ensure slight tension on cuff is felt continuously while performing check.



**8. Don isolation gown:**

- Put on isolation gown over uniform.
- Fasten gown in back at neck and waist.



**9. Disinfect hands**

**10. Don gloves:**

- Don gloves and extend cuff of the gloves to cover the wrist on the isolation gown.



**11. Verify PPE:**

- Visually inspect PPE to ensure all items are intact.

**USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION:**

- ✓ Perform hand hygiene frequently
- ✓ **KEEP HANDS AWAY FROM FACE AT ALL TIMES**
  - ✓ Limit surfaces touched
- ✓ Change gloves when torn or contaminated

**SEQUENCE FOR REMOVING (DOFFING) PERSONAL PROTECTIVE EQUIPMENT (PPE)**

**\*\*If hands become visibly contaminated during PPE removal clean hands before continuing to remove PPE\*\***

**Inside patient room**

**1. Ensure doffing location at least 3 feet from patient**

**2. Disinfect gloved hands**

**3. Discard gloves:**

- Remove gloves only touching the outside of the first glove and the inside of the second. Discard in waste bin.

**4. Disinfect hands**

**5. Remove gown - avoid touching front/outer surface:**

- Unfasten gown ties.
- Grab gown at shoulder and pull forward away from neck.
- **Touching only the inside**, turn gown inside out & roll it up.
- Discard gown in waste bin.

**6. Disinfect hands**



**In the ante room or immediately outside of the patient's room if no ante room present**

**7. Don gloves**

**8. Set up CAPR disinfection area:**

- Place several Sani wipes on a flat surface where you can rest your CAPR without contaminating the area.

**9. Remove CAPR:**

- Unplug battery.
- Loosen the adjustment knob at the back of the helmet.
- Tilt forward, then lift helmet off head with a forward motion.
- Place CAPR on top of the Sani wipes.

**10. Remove DLC while the helmet rests on the Sani wipes**

- Free the DLC from the posts of the helmet one at a time.
- Discard DLC in waste bin.

**11. Disinfect gloved hands**

**12. Doff battery/belt & disinfect CAPR assembly:**

- Remove belt and battery.
- Discard comfort strips.
- Use EPA approved disinfectant wipes to disinfect helmet, cord, battery, and belt.

**13. Doff gloves**

**14. Perform hand hygiene**

**15. Return the CAPR helmet, battery, and belt to the designated area**

