

# **COVID-19 Vaccination After Visit Summary**

December 2020

You have received the COVID-19 vaccine at your visit today. For more information about the COVID-19 vaccine you received, please read the Emergency Use Authorization Fact Sheet.

You will require a second dose of the COVID-19 vaccine to provide the best protection against the virus. Your second COVID-19 vaccine dose appointment will be:

Date: \_\_\_\_\_\_ Time: \_\_\_\_\_\_ Location: \_\_\_\_\_\_

We request that you do not reschedule this appointment; however, if you need to reschedule, you can call 646-614-4001.

Please complete a very short form to help New York State track vaccine progress and ensure appropriate distribution in all regions of the State using the following link: <u>vaccineform.health.ny.gov</u>.

#### HOW CAN I OBTAIN PROOF THAT I WAS VACCINATED?

Your vaccination will become a part of your Epic medical record, which you can view via MyChart. If you don't have a MyChart account you can sign up at <u>mychart.nychealthandhospitals.org</u>. You will also be given a COVID-19 Vaccination Record card.

#### WHAT ARE THE POTENTIAL SIDE EFFECTS?

You may have side effects, which are normal signs that your body is building protection. These side effects may feel like the flu and may even affect your ability to do daily activities, but should go away in a few days. These potential side effects include:

- Pain at the injection site
- Feeling tired
- Headache
- Muscle pain
- Chills
- Joint pain

- Fever
- Injection site swelling
- Injection site redness
- Nausea
- Feeling unwell
- Swollen lymph nodes (lymphadenopathy)

Just like any medicine, there is a remote chance of the vaccine causing a severe allergic reaction or other serious side effects.

#### WHAT SHOULD I DO IF I FEEL UNWELL?

If you have pain or discomfort where you got the shot you can apply a clean, cool, wet washcloth over the area. To reduce discomfort from fever, drink plenty of fluids. You can also talk to your doctor about taking an over-the counter medicine, such as ibuprofen or acetaminophen.

If you develop side effects that bother you or do not go away in a few days, you should call your primary care provider. If you do not have a primary care provider, you can call the NYC Health + Hospitals COVID-

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NYC Health + Hospitals Office of Ambulatory Care

19 Hotline, 1-844-NYC-4NYC (1-844-692-4692) and press 0, to speak with a medical professional. If you have a medical emergency, you should call 911 or go to the nearest emergency department. You can report vaccine side effects to FDA/CDC Vaccine Adverse Event Reporting System (VAERS). The VAERS toll-free number is 1-800-822-7967 or report online to <u>vaers.hhs.gov/reportevent.html</u>.

SHOULD I STILL GET THE SECOND VACCINE DOSE IF I HAD SIDE EFFECTS WITH THE FIRST DOSE? YES! You will need two vaccine doses for the COVID-19 vaccine to work effectively. Get the second vaccine dose even if you have side effects after the first one, unless your doctor or a qualified medical professional tells you not to get a second shot.

## WHAT CONSIDERATIONS DO I NEED TO TAKE PRIOR TO THE SECOND VACCINE DOSE?

- You should not receive another vaccine (e.g. TDAP vaccine) 14 days prior to your second vaccine dose.
- If you become ill with known COVID-19 infection, you should defer your second vaccine dose until you have met criteria to no longer isolate and you have recovered from your illness.
- If you become pregnant or begin to breastfeed, please consult with your healthcare provider.

## DO I STILL NEED TO TAKE PRECAUTIONS AFTER GETTING THE VACCINE?

YES! Protection from the vaccine is not immediate, and we are still learning how well the vaccine works in the general population. Even after you complete your second dose in the vaccine series, you should continue to practice the CORE FOUR routine precautions like **washing your hands** often with soap and water, **wearing a face covering** when outside your home, **staying at least 6 feet from others** as much as possible and **staying home from work if you are sick** in order to keep yourself, your loved ones, our patients and our community safe.

WHERE CAN I GET MORE INFORMATION ABOUT THE COVID-19 VACCINE? For additional information, please visit <u>www1.nyc.gov/site/doh/covid/covid-19-vaccines.page</u> and <u>www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html</u>.