



# HEALTH CARE WORKERS: LET US CARE FOR YOU

## The New York City EAP is here for you.

We at the NYC EAP recognize that as healthcare workers, you are on the frontlines of this battle to stop the spread of COVID-19. While many are working from home, you are bravely showing up for the most vulnerable New Yorkers in their time of need.

We know that caregivers need care too. We at the EAP want to offer our assistance and support to all of you who work so hard to support the residents of this city. We are offering all our services via **phone, text and/or video calls**.

Whether it is for information, counseling, or connection amidst social distancing; please reach out.

You are not alone. We see you. We hear you. We care.

## How to connect with the NYC EAP:

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You can contact us by  
e-mail at  
[EAP@olr.nyc.gov](mailto:EAP@olr.nyc.gov)

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You will be able to  
speak to a counselor  
and schedule a phone,  
video, or text  
appointment.

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We are available from  
Monday – Friday  
8AM to 11PM.

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For more information,  
please visit our website  
at [nyc.gov/eap](http://nyc.gov/eap) or call  
and leave a message  
at: 212-306-7660

**EAP** New York City  
Employee Assistance  
Program

you talk, we **listen**.