



As the COVID-19 crisis begins to lessen, NYC Health + Hospitals wants to make sure our staff have the resources they need to process the events of the last few weeks. The NYC Employee Assistance Program (EAP) is offering one-on-one counseling and virtual groups and services for staff who want to talk about the impact the last few weeks had and will have on their life.

NYC Health + Hospitals wants to make sure all staff have access to these resources. This offer is extended to staff in the facilities and to staff who are currently working from home.

These virtual groups are weekly support groups that will cover topics such as grief, loss, resiliency, and stress management techniques.

TWO SESSIONS OFFERED EACH THURSDAY:

Thursdays 12:00pm – 12:20pm

Link: <https://nycolr.webex.com/nycolr/j.php?MTID=m6670f719849ebbb3bcf37d82207ccb9f>

Meeting Number: 712 916 337 Password: aiEGYMbr824

Call in option: +1-646-992-2010 Access code: 712 916 337

Thursdays 1:00pm – 1:20pm

Link: <https://nycolr.webex.com/nycolr/j.php?MTID=mec4b05cff7117bac06e1f794594b6acc>

Meeting number: 710 741 681 Password: RppjjWXR398

Call in option: +1-646-992-2010 Access code: 710 741 681

For other EAP services, please email eap@olr.nyc.gov or call and leave a message at 212-306-7660. Visit our website for more information: nyc.gov/eap.