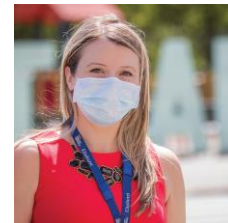


Tuesday, May 26, 2020

In this COVID-19 Update, a health care hero who **nourishes the body** to help recovery, how to register to get the **COVID-19 antibody test**, the latest about the **Test & Trace Corps**.

Hero of the Day: Providing Proper Nutrition to the Critically-Ill and Most Vulnerable

Monica Schmitt, a Registered Dietitian and Clinical Nutrition Manager at NYC Health + Hospitals/Elmhurst experienced the complex challenges of feeding critically-ill COVID-19 patients, as many were too sick to eat and many others were on ventilators. "I spent much of my time interpreting the ever-evolving nutrition research and processes, and applying that to our patient care," she says. "Eating and proper nutrition is a huge part of recovery." [Read her Insider Health Care Hero profile.](#)



COVID-19 Antibody Test for Health Care Workers

The NYC Health Department is conducting a serology survey for first responders and health care workers. Trained teams will visit NYC Health + Hospitals sites to make participation convenient. These teams will take blood samples to test for antibodies, which are special proteins produced in response to an infection. The goal is to learn more about coronavirus disease, and may also help us estimate how many people in New York City may have already been infected with the virus. To register, visit: [FirstSeroSurveyNYC.com](https://www.firstserosurvey.com) or text keyword 'TestNYC' to 78378. [Learn more.](#)



Test & Trace Corps Update

The City's Test & Trace Corps, lead by NYC Health + Hospitals, has expanded testing sites, has 1,700 new tracers in the pipeline to begin June 1 who represent some of the hardest hit communities and speak nearly 40 languages, and is launching a \$10M multi-lingual advertising and outreach campaign. The mayor also appointed the program's new Chief Equity Officer who will support the Test & Trace Corps effort to address racial disparities and



engage communities that have been disproportionately affected by the virus. [Click here to check out the new website and learn more](#) about the program. Visit the site often as we add new information and resources.

In the News

- [US News & World Report](#) - Clinicians Champion Homeless Patients in COVID-19 Pandemic
- [CBS-TV](#) - Dr. Eric Wei Provides Inside Look at ED Transformation for the 'Post-COVID/Pre-Vaccine' World
- [New York Times](#) - Elmhurst CEO Pens Letter to the Editor
- [SILive.com](#) - Great Grandmother's Birthday: 'Sea View Allowing Us to See Mom for Her 80th Birthday Meant So Much'

If you have questions, write to us at COVID-19Readiness@nychhc.org.

Other resources:

[Health Care Heroes page](#)
[Evidence Digest](#)
[NYC Health + Hospitals COVID-19 Guidance & Resources](#)

For the latest news on COVID-19, follow [@NYCHealthSystem](#) on social media.



Live Your Healthiest Life. **NYC
HEALTH+
HOSPITALS**