

UPCOMING JUST-IN-TIME CRISIS RESPONSE TRAININGS

Helping Children & Adolescents Cope during COVID-19

- Monday, June 1st
- 11:00AM-12:00PM
- Meeting number (access code): 476 893 156
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Personal Resilience

- Tuesday, June 2nd
- 11:00AM-12:00PM
- Meeting number (access code): 471 219 851
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Helping Children & Adolescents Cope during COVID-19

- Wednesday, June 3rd
- 1:00PM-2:00PM
- Meeting number (access code): 472 362 100
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Personal Resilience

- Friday, June 5th
- 1:00PM-2:00PM
- Meeting number (access code): 472 950 166
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Short-Term Stress Relief Strategies You Can Do Anywhere

- Tuesday, June 9th
- 11:00AM-12:00PM
- Meeting number (access code): 475 433 995
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Short-Term Stress Relief Strategies You Can Do Anywhere

- Thursday, June 11th
- 1:00PM-2:00PM
- Meeting number (access code): 470 842 509
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

UPCOMING JUST-IN-TIME CRISIS RESPONSE TRAININGS

Staying Focused During an Upheaval

- Tuesday, June 16th
- 11:00AM-12:00PM
- Meeting number (access code):
473 966 216
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Staying Focused During an Upheaval

- Friday, June 19th
- 1:00PM-2:00PM
- Meeting number (access code):
477 900 896
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Combating Vicarious Trauma Through Mindful Breathing & Chair Yoga Practice

- Tuesday, June 23rd
- 11:00AM-12:00PM
- Meeting number (access code):
473 901 605
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Combating Vicarious Trauma Through Mindful Breathing & Chair Yoga Practice

- Thursday, June 25th
- 1:00PM-2:00PM
- Meeting number (access code):
479 828 714
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

Short-Term Stress Relief Strategies You Can Do Anywhere

- Tuesday, June 30th
- 11:00AM-12:00PM
- Meeting number (access code):
479 977 017
- [Join meeting](#) here
- Join by Phone: [1-844-621-3956](tel:1-844-621-3956)

