

Helping Healers Heal | H3

NYC Health + Hospitals Staff Wellness Survey

Health care workers, both clinical and non-clinical, on the front lines are at increased risk for high levels of post-traumatic stress, burnout, and psychological distress due to the COVID-19 outbreak. By proactively learning about and addressing signs, symptoms, and causes of workplace-related stress NYC Health + Hospitals can help to reduce emotional and psychological burden, and can support employees with healthier coping.



What is the NYC Health + Hospitals Staff Wellness Survey, and its purpose?

- The NYC Health + Hospitals Staff Wellness Survey is a collaboration with the American Medical Association (AMA) and Greater New York Hospital Association (GNYHA), and is based off of their standardized questionnaire titled, "Coping with COVID-19 for Caregivers Stress Monitoring Survey", with the intention to learn about health care workers' experience of the pandemic.
- With over 25+ health systems already enrolled, the nationally recognized survey has had over 11,000 health care workers participate to date across the United States.
- By learning about what the workforce directly identifies as triggers for stress, NYC Health + Hospitals can support overarching wellness across the system to reduce experiences of depression, distress, compassion fatigue, and anxiety by providing more resources and improved wellness programming for employees.
- It is the hope that by sending out a survey to the entire NYC Health + Hospitals workforce the organization is able to convey concern and care for our employees.



What will this survey inform, and how will the results be utilized?

- Results of the NYC Health + Hospitals Staff Wellness Survey will solely be used to inform system-wide strategy to improve upon and enhance employee wellness programming.
- Opportunities will be identified for system improvement to support holistic wellbeing of the workforce.
- Facility, service line, and system-specific goals will be established to create resources for all NYC Health + Hospital employees.
- The survey has the opportunity to help NYC Health + Hospitals compare itself to other hospital systems across the nation, as well as can be administered on multiple occasions to track trends over time of stress levels due to COVID-19 and other health care related events.
- Survey results can be used for scholarly publication or research as it relates to health care burnout trends, causes, interventions, and burnout reduction to support city and state-wide programming.



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How can I be sure that my survey responses will remain confidential? Who gets to see them?

- The national survey is completely voluntary and anonymous.
- Responses cannot be traced back to respondents and no personal identifying data is requested aside from generic information such as role and the institution for which care is delivered or supported.
- A generic URL is provided to all participants and device as well as IP address information is not tracked.
- Under a legally binding and strict confidentiality agreement the AMA and GNYHA
 will ensure data protection, privacy, and security of survey responses by
 collecting, analyzing, and compiling aggregated and de-identified reports which
 will then be provided to NYC Health + Hospitals as a participant of the national
 survey.
- The AMA will provide GNYHA and NYC Health + Hospitals' Office of Quality & Safety authorized designees access to the aggregate survey response reports.
- Survey responses are compiled into reports that will be broken down by facility, service line, and at the system-level.
- Survey responses will be shared with Central Office leadership, Executives at the site level, and meaningful information will be shared globally with NYC Health + Hospitals' workforce.



CLICK HERE TO TAKE THE SURVEY NOW



If you have any questions pertaining to the NYC Health + Hospitals Staff Wellness Survey please contact:

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