

SYSTEM-WIDE EMOTIONAL STAFF SUPPORT



646-815-4150

Monday - Friday, 9:00am – Midnight (12:00am)

*Hours may be extended upon demand **Note:** this is not a general information line

Anonymous support hotline for all NYC Health + Hospitals employees.

Please reach out and call if you are experiencing:

- + Fatigue / Stress
- + Burnout
- + Anxiety / Fear
- + Depression

Licensed mental health clinicians will be available for
psychological and emotional support.

Referral opportunities for other services if needed.

For any other general COVID-19 questions,
please visit the COVID-19 Guidance and Resources intranet site:

hhcinsider.nychhc.org/sites/COVID-19/Pages/Index.aspx

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