





TO: All Staff, NYC Health + Hospitals
FROM: Dr. Mabelle Allen, CMO 
Dr. Ted Long, SVP, Ambulatory Care, & Exec. Dir., Test & Trace Corps 
DATE: Friday, July 17, 2020
RE: FREE DIAGNOSTIC (SWAB) TESTING FOR ALL STAFF

As you know, NYC Health + Hospitals is offering free diagnostic (swab) COVID-19 testing for all staff. We now recommend that all NYC H+H staff be tested for COVID-19 on a monthly basis regardless of whether or not they are symptomatic.

Regular testing helps to ensure that asymptomatic individuals properly quarantine and, thus, prevent the further spread of the virus. Regular testing also helps to protect our patients, our staff, our families and loved ones as well as the community.

You can get a test at any of our [11 hospitals or our Gotham community health centers in every borough](#). If you choose to get tested, the quickest way to get your results is through the Epic MyChart patient portal; creating an account is easy! You can also choose to get a telephone call with your results. Results will typically be available in 2-3 days. You can just walk-in to one of the testing sites and show your ID so that your testing will be expedited.

Is the monthly test mandatory?

- No. This is voluntary.

How is the test conducted?

- A nasal swab. The sample will be used to test for COVID-19.

What happens if I test positive for COVID-19?

- You will be notified of your test results either by MyChart or by a telephone call. You will be instructed to call Occupational Health Services (OHS) at your facility. You will also receive a telephone call from the NYC Test & Trace Corps to determine your contacts outside of work.

Who will be notified about my test results?

- You alone will get your test results, along with your care team so that they can use the information to best serve you as a patient. Neither your supervisor nor OHS nor Human Resources will be notified of your result without your consent.

Do I have to pay for the test?

- No.
- If you have insurance, NYC H+H will bill your insurance plan. You will not be billed for a co-pay or cost sharing.
- If you do not have insurance, you will not be billed.

Is there a limit to how many COVID-19 tests I can get?

- No.

How can I get tested?

- By presenting to any NYC H+H testing site and showing your ID for expedited testing. In addition, you can go to any NYC testing site (nyc.gov/covidtest or call 311 for the testing site closest to your home).



Machelle Allen, MD



Theodore Long, MD, MHS