TEST
TRACE
TAKE CARE

RESOURCES AND INFORMATION TO HELP YOU GET THROUGH COVID-19

VISIT TESTANDTRACE.NYC FOR MORE INFORMATION ON

- COVID-19 testing
- Wait times at testing sites
- Contact tracing
- The Test & Trace Corps Take Care Program

CALL 212-COVID19 (212-268-4319)

The NYC Test & Trace Corps hotline offers information about testing sites, quarantining, mental health support, and more.

GET VACCINATED!

VISIT: VACCINEFINDER.NYC.GOV OR CALL 877-VAX-4NYC (877-829-4692) TO MAKE AN APPOINTMENT.

All people ages 16 and older who live, work, or study in New York are eligible to be vaccinated.

Vaccines are **safe, free** and **easy**.

HELP STOP THE SPREAD OF COVID-19

- GET TESTED OFTEN IF YOU HAVE NOT BEEN VACCINATED
- SEPARATE IF YOU FEEL SICK
- KEEP WEARING A FACE COVERING
- KEEP 6 FEET APART FROM OTHERS
- WASH YOUR HANDS FREQUENTLY
- AVOID INDOOR AND LARGE GATHERINGS
- GET VACCINATED
- ANSWER THE CALL FROM A CONTACT TRACER

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WHY SHOULD YOU GET TESTED?

It's the only way to know for sure. **IF YOU HAVE NOT BEEN FULLY VACCINATED AGAINST COVID-19,** you should get tested for COVID-19 often, even if you feel fine. You don't have to have symptoms of COVID-19 to spread it to others.

REMEMBER, IF YOU FEEL COLD OR FLU SYMPTOMS, GET TESTED IMMEDIATELY EVEN IF YOU'VE BEEN VACCINATED!

Tests are safe, confidential, and available at no cost to you. Results typically take 48 hours. To find a testing site near you visit testandtrace.nyc or call 212-COVID19 (212-268-4319) for more information.

WHAT DOCUMENTS DO I NEED TO BRING TO MY TEST?

Testing is available at **No Cost To You** across all NYC Health + Hospitals and NYC Health Dept. sites, regardless of immigration status. Though not required, if you have the following, please bring them on the day of your test:

• An identification card

• An insurance card (so that we may bill your insurance for the cost of the test). **Testing is at No Cost To You.**

WHAT SHOULD I DO IF MY TEST IS NEGATIVE?

• **Keep following COVID-19 best practices:** wash your hands frequently, wear a face covering, avoid indoor and large gatherings, keep 6 feet apart from others, and if you start to feel sick, *DON'T WAIT. SEPARATE!*

• Continue to get tested often unless you've been fully vaccinated against COVID-19.

WHAT IF MY TEST IS POSITIVE?

ANSWER THE CALL!
If you test positive, you'll receive a call from a contact tracer. They will work with you to identify who you may have exposed. They will also connect you to free resources.

WHAT SHOULD I DO IF SOMEONE AROUND ME GETS COVID-19?

If you've been exposed to COVID-19, **GET TESTED** and **SEPARATE** from others immediately. Even if your test is negative, you must continue to separate for 10 days from the last time you were exposed to someone with COVID-19.

REMEMBER, PLEASE ANSWER THE PHONE IF YOU GET A CALL FROM:

• NYC Test & Trace Corps

• NYC COVID Test

• A phone number beginning with 212-540-XXXX or 212-242-XXXX

DON'T WAIT. SEPARATE! TAKE CARE PROGRAM

If you start to feel sick, separate immediately. To help you do that, the NYC Test & Trace Corps Take Care Program will make sure that anyone who tests positive for COVID-19 and their close contacts will have the resources needed to safely separate at home or in a free hotel room to help prevent the spread of the virus.

WHAT DO CONTACT TRACERS DO?

THEY'RE ON THE FRONT LINES IN THE FIGHT AGAINST COVID-19

Contact tracers are trained public health professionals that provide support to New Yorkers who test positive for COVID-19, or were recently exposed to someone with COVID-19. Many contact tracers are from NYC neighborhoods that have been hit hardest by the virus, and all are committed to supporting New Yorkers and stopping the spread of COVID-19.

CONTACT TRACERS WILL:

• Reach out to individuals who tested positive or were exposed to COVID-19

• Ask questions to figure out how you may have become infected and contact individuals who you may have exposed

• Ask how you're feeling

• Connect you with resources like paid sick leave, a free, private hotel room and more

CONTACT TRACERS WILL NEVER:

• Ask for your Social Security number

• Ask about your immigration status

• Ask for any private financial information

VALIDATE MY TRACER:
As an extra layer of security, NYC Test & Trace Corps offers the Validate My Contact Tracer feature to confirm you are speaking with an official NYC contact tracer from the Test & Trace Corps. Simply visit testandtrace.nyc and follow the prompts to confirm your tracer.

IF YOU FEEL SICK OR THINK YOU'VE BEEN EXPOSED: DON'T WAIT. SEPARATE!

THE TAKE CARE PROGRAM INCLUDES:
• A free and safe hotel room

• Free food (3 meals a day)

• Free wifi, cable tv, and unlimited local phone calls

• Medicine delivery

• Onsite medical staff

If a hotel is not right for you, we can help connect you to resources to safely separate at home. Every New Yorker is eligible, regardless of immigration status. The **Take Care Program** can also help you obtain Paid Sick Leave if you're eligible, so you don't have to worry about missing work.

For more information on the NYC Test & Trace Corps **Take Care Program**, call 212-COVID19 (212-268-4319) or visit our website at testandtrace.nyc.

HOTEL