

COVID-19 PERSONAL PROTECTIVE EQUIPMENT

Donning and Doffing Checklist

BEFORE YOU START

Gather your supplies:

- + Gloves
- + Facemask
- + Eye protection (goggles or face shield)
- + Brown paper bags (or breathable container)
- + Disinfectant wipes
- + Hand sanitizer

The use of certain PPE may be extended and reused.

Extended use refers to wearing the same PPE between clients without removal. This applies to the *facemask* and *eye protection*.

Reuse refers to wearing the same PPE but removing it between clients or after shift. This applies to *eye protection* and involves a cleaning and disinfection step.

DONNING

1 Wear a facemask.

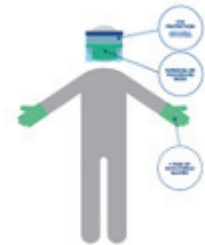
- + Perform hand hygiene.
- + Hold the mask by the ear loops. Place each loop around the ears. Expand mask fully to ensure it completely covers bottom half of face.
- + Place fingertips from both hands at top of nose area and slide down sides to mold to the shape of your face.

2 Wear eye protection.

- (goggles or face shield)
- + Place over face and eyes and adjust to fit.

3 Wear new gloves.

- + Wear gloves and ensure cuff is extended over wrist.



DOFFING

4 Remove gloves.

- + Using gloved hand, grasp the palm area of the other gloved hand and peel off first glove.
- + Discard glove.
- + Slide finger of the ungloved hand under the cuff of the remaining glove and peel off outer glove.
- + Discard glove.
- + Perform hand hygiene.

5 Remove eye protection.

- + Remove from behind by lifting head band or ear pieces without touching front of the goggle or face shield.
- + Place aside for cleaning and disinfecting

Eye protection use may be extended/reused if integrity is intact and no visible contamination.

6 Remove mask.

- + Avoid touching outer contaminated area of mask
- + Grasp loops around ears with both hands and pull forward and away from face.

Mask use may be extended/reused if integrity is intact, no visible contamination, and mask is dry.

DISINFECTION & STORAGE

7 Disinfect eye protection.

- + Wear new gloves.
- + Use disinfectant wipe to clean inside, followed by the outside, of the eye protection.
- + Use another disinfectant wipe to disinfect the inside, followed by outside, of the eye protection.
- + Allow to completely dry.

8 Store eye protection.

- + Place eye protection in clean bag or breathable container.
- + Do not fold or compress eye protection.
- + Remove and discard gloves.
- + Perform hand hygiene.

Key Points

- + Always perform hand hygiene before and after touching PPE.
- + Avoid touching face, outer area of PPE, and readjusting PPE.
- + Do not reuse gloves.
- + Limit touching surfaces within the client environment.