## Protect Yourself. Protect Your Loved Ones. Help Keep NYC Healthy and Safe.

Every New Yorker plays an important role in reducing the spread of COVID-19. Here are three steps you can take with support from the NYC Test & Trace Corps to protect yourself, your loved ones, and your entire community. Help keep New York City healthy and safe.

#### **Get Tested - For Peace of Mind**

You can get a COVID-19 test at no cost to you to know your status and have peace of mind. Check out sites that also offer antibody testing to determine if you already had the virus. The tests are safe and confidential. There are hundreds of NYC Test & Trace Corps testing sites across the City.

#### No appointments are necessary. Visit nyc.gov/covidtest or call 212-COVID19 to find a testing site near you.

#### Answer the Call - To Stop the Spread

If you test positive or were exposed to COVID-19, you will get a call from an NYC Test & Trace Contact Tracer. Answer your phone if you see NYC Test+Trace, NYC Covid Test, or a 212 number.

#### **Contact Tracers will:**

- Ask how you are feeling.
- Offer resources to help you stay healthy and safely separate from others.
- Explain how long you need to stay inside and away from other people.

#### If you test positive for COVID-19, the Contact Tracer also will:

- Ask questions to figure out how you may have been infected.
- Ask for names and contact information of everyone you had close contact with to help protect them and prevent the spread of the virus to others.

#### Contact Tracers will never:

- Ask for your name or social security number.
- Ask for private financial or credit card information.
- Ask to take control of or download software to your phone, tablet, or computer.

You also can ask the person calling you to provide a code to enter into the "Validate My Tracer" tool on the Test & Trace Corps website.

If a Contact Tracer cannot reach you by phone, they may have to visit you in person to check on your wellbeing. They will show you their identification card to prove they are a NYC Test & Trace Corps Contact Tracer.

#### Take Care - To Protect Your Loved Ones

If you have been diagnosed with COVID-19 or in contact with someone who tested positive, the NYC Test & Trace Corps can help you to safely separate at a hotel or home.

Take Care Hotels are free, safe, comfortable and convenient. We provide transportation, meals, internet, cable tv, mental health and wellness support, and unlimited local calls to stay connected to loved ones.

For more information call **212-COVID19** (212-268-4319) or visit **testandtrace.nyc** 





# What You Can Do to Fight COVID-19

## TEST

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Know your status. Get a COVID-19 test at no cost to you. Answer the call of our Contact Tracers to help stop the spread of COVID-19 in your community.

## **TAKE CARE**



Safely separate to protect others and take care at a hotel or home.

The NYC Test & Trace Corps is committed to protecting the privacy and security of your personal and health information. All information we receive is confidential and protected under the New York City Health Code. The Test & Trace Corps will not ask about anyone's immigration status.



