

COVID-19 AND TRAVEL



I tested positive for COVID-19. When can I travel?

If you have COVID-19 symptoms, you must safely separate at home or in a hotel for at least 10 days after your symptoms started. COVID-19 symptoms include fever, chills, cough, shortness of breath, difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, or diarrhea. **You should cancel any travel scheduled during this time.** You can travel after 10 days if you have not had a fever in 24 hours (without taking fever-reducing medicine) and your symptoms have improved.

If you do not have COVID-19 symptoms, you must safely separate at home or in a hotel for at least 10 days after your positive test for COVID-19. **You should cancel any travel scheduled during this time.** If you develop symptoms of COVID-19 during these 10 days, follow the guidance for people who have symptoms.

Can I travel sooner if I am tested again and get a negative result?

No. A negative result in a second test does not change when you can travel. You must safely separate at home or in a hotel for at least 10 days after you test positive for COVID-19. If you have symptoms, you must stay home or in a hotel at least 10 days after your first symptom started.

I tested negative for COVID-19 but I am traveling with someone who tested positive. Can I still travel?

No, you cannot travel and should postpone your travel plans at least 11 days.

If you spent 10 minutes or more within six feet of someone who tested positive for COVID-19, you are at risk for developing COVID-19. To protect those around you, you must safely separate at home or in a hotel for 10 days after last having close contact with your travel partner.

How can I get a free hotel room to safely separate?

The NYC Test & Trace Corps offers free hotel rooms for people who need to safely separate in New York City, including visitors. For more information, call 212-COVID19 (212-268-4319).

I do not have health insurance or a health care provider in New York City. How can I get medical help?

You can call 844-NYC-4NYC (844-692-4692) to talk to a health care provider, regardless of your immigration status or ability to pay.

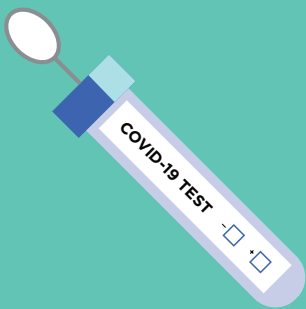
For more information, visit [testandtrace.nyc](https://testandtrace.nyc.gov) or call **212-COVID19**.

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WHAT YOU CAN DO TO FIGHT COVID-19

TEST



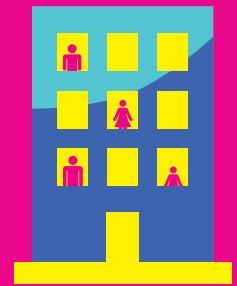
Know your status. Get a COVID-19 test at no cost to you.

TRACE



Answer the call of our Contact Tracers to help stop the spread of COVID-19 in your community.

TAKE CARE



Safely separate to protect others and take care at a hotel or home.

The NYC Test & Trace Corps is committed to protecting the privacy and security of your personal and health information. All information we receive is confidential and protected under the New York City Health Code. The Test & Trace Corps will not ask about anyone's immigration status.

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