

Thursday, March 31, 2022

**Message from System Chief Medical Officer
Second COVID-19 Booster Available for Individuals 50+ and Others at High Risk**

The Centers for Disease Control this week updated its recommendations to allow certain immunocompromised individuals and people over the age of 50 who received a COVID-19 booster dose at least 4 months ago to be eligible for another mRNA booster to increase their protection against severe disease from COVID-19. NYC Health + Hospitals vaccination sites are ready to offer the second booster shot to all eligible patients and staff.

Eligibility for second COVID-19 mRNA booster 4 months after receiving first booster:

- Persons 50+ years old can receive either the Pfizer BioNTech or Moderna COVID-19 vaccine booster
- Immunocompromised individuals 12+ years of age can receive the Pfizer BioNTech COVID-19 vaccine booster
- Immunocompromised individuals 18+ years of age can receive the Pfizer BioNTech or the Moderna COVID-19 vaccine booster
- Adults who received a primary and booster dose of Johnson & Johnson's Janssen COVID-19 vaccine can now receive the Pfizer BioNTech or the Moderna COVID-19 vaccine booster

NYC Health + Hospitals employees are strongly encouraged to get your booster doses. As health care workers on the front lines of patient care we continue to be at high risk of exposure to this virus. Boosters are safe, effective and offer the best protection against COVID-19 infection and can prevent severe disease and hospitalization.

Take care of yourself and protect all those around you. Get your first and second booster shot as soon as you are eligible.

Resources:

[CDC press release](#)

[Pfizer BioNTech EUA Fact Sheet](#)

[Moderna EUA Fact Sheet](#)



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